Rustenburg - Alle graad R tot sewe maats word uitgenooi na die Kinderweek by Laerskool Rustenburg van 24 tot 28 Junie. Van spring Die program is propvol aktiwiteite wat kuns, tonele en poppekas insluit. en sing tot kuns en vele meer, word daar 'n lekker vol week se pret vir Die program begin soggens om 07:15 en eindig 13:00. Alles gratis!

Jesus kan enige iemand se hart omkeer!

Erich Posthumus kom kuier met sy stem-manewales, en Living Ball sal Vir meer inligting, kontak Zelda Masym op 014 594 1029 of die kinders meer leer van God. The Grinch is die jaar se tema, want zeldamassyn@thevohf.com of www.visionofhopefoundation.com.

COMMEMORATING JUNE 16 THROUGH SPORT

Rustenburg/ Meriting - The DJ Baloyi Super Cup annual tournament was held on 16 June in Meriting as part of national Youth Day activities.

The tournament was graced by member of mayoral committee (MMC) John Molubi, and Rustenburg Local Municipality ward councillor Joseph Ngwato.

Although various prizes were awarded to the winning teams, everyone who took part in the activities was a winner!



KGASWANE MTB RACE **SET FOR JULY**

Rustenburg – Do you enjoy mountain bike racing and would like to have a thrilling experience while testing your endurance in a healthy and fun way? If the answer is yes, then be sure to join the Rustenburg Cycling Club (RCC)'s Land Rover Kgaswane Mountain Bike Race, on Saturday 27 July.

Members of the RCC will be taking part in this exciting event which will start at the Excalibur Boutique Hotel in Rustenburg. Competitors can look forward to the 50km, 35km or 10km races, for a memorable and scenic experience.

For more information about the race, contact Darryl Thompson on 083 417 4393 or Sharon O'Reilly on 082 400 4072. Alternatively,

visit the RCC website on www. rustenburgcycling.



TEACHING KIDS' HEALTHY CHOICES

Rustenburg - When Lindiwe Mokotjo heard the plight of Boikagong Secondary School, for school shoes, she decided to take action and help raise funds and awareness to assist their learners.

While spearheading the wonderful initiative, Lindiwe became aware of the various challenges that these

students face on a daily basis. After reading the article about Lindiwe's journey in the Platinum Weekly issue of 24 May, Geoff Phihlela assisted in a way that is closest to his heart.

To commemorate Youth Day, an event was organised by Geoff on Monday 17 June to educate the matriculants and teachers of Boikagong Secondary School to the benefits of a healthy lifestyle.

A fitness session was arranged where youngsters took part in just-move, just-box, step and Brazilian booty blast as well as indoor cycling at Planet Fitness in Lifestyle Square who supported this initiative.

During the event, Neo Dikutle was one of the guest speakers who shared his story of how he changed his life by changing his habits. Puleng Moremi of MM Dieticians spoke to the learners about the

importance of maintaining a balanced diet.

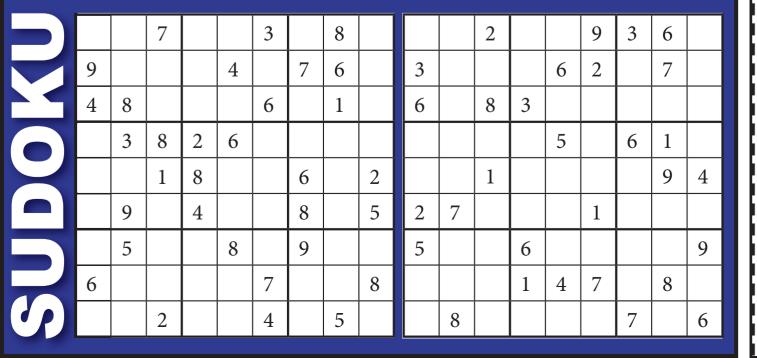
In an interview Geoff said: "The aim is to teach the youth how to live a healthy life from a young age. We would like to see more schools embracing fitness while they maintain and promote an active lifestyle." Lindiwe is still in the process of bettering the lives of these students by supplying them with essential items such as school shoes

To get involved contact Lindiwe on 073 872 9175 or Imokotjo@yahoo.





It was a great event for learners, educators and fitness guru's alike.



RUSTENBURG EMERGENCY **CONTACT NUMBERS**

p 11

Rustenburg SAPS Radio Control Centre:

014 590 4115/6/7 Rustenburg SAPS Community Service Centre:

014 590 4126/27/39

SAPS Boitekong: 014 593 6001/ 6002/ 6003 SAPS Emergency (cell phones only): 112

SAPS Marikana: 014 572 3100/43 SAPS Rustenburg: 014 590 4112 SAPS Tlhabane: 014 565 9171/54/59

AMBULANCE

Ambulance / Metro Control Room: 014 597 6612 Ambulance / Metro Control Room (provincial):

MEDICAL EMERGENCY Med 24/7 (Private): 014 592 7801

ER24: 084 124 NetCare 911: 082 911 Trauma Rescue: 014 594 0689 Ferncrest Hospital (Emergencies): 014 568 4339/8 Peglerae Hospital (Casualties): 014 597 2823

HOSPITALS

Ferncrest Hospital: 014 568 4399 Job Shimankana Tabane (JST) provincial hospital: 014 590 5212/ 5100 La Femme Clinic: 014 594 9500 RusMed 24: 014 523 9378/9351

SNAKE EMERGENCY NUMBERS

Phillip Snyman - 078 108 4543

CLEANING SERVICES 24/7

CIA Crime Incident Accident: 079 498 7606

Fire Department: 014 590 3232 /3444/3333 Rustenburg Local Municipality emergencies (fire): 014 590 3090

RTB LOCAL MUNICIPALITY

RLM Accounts Queries: 014 590 3111 Press 1 for: RLM Emergencies (Fire Dept.) Press 2 for: RLM Customer Care Supervisor

ALARMS

ADT (Control Room): 086 121 2520 / 086 121 2501 Oracle Protection Services: 014 533 3062/3726 / 081 358 4032 Wesalarms: 014 592 8364

SSR & CPF/GPF

CPF Sector 1: 061 019 6870 CPF Sector 2: 072 907 0844 CPF Sector 3: 072 204 4847 **CPF Sector 5**: 082 573 3712 CPF Sector 6: 079 227 9748 Staan Saam RTB: 072 787 2550 Staan Saam Rustenburg Community Watch:

083 296 6949 SOUTH AFRICAN COMMUNITY CRIME

WATCH RUSTENBURG (SACCW)

079 689 0961

ANIMAL EMERGENCIES

Animal Clinic Zinniaville: 014 538 2114 ARAN Veterinary Clinic: 014 592 6007 Bergbos Dierekliniek: 014 533 1959/2084 Bergbos Dierekliniek (A/H): 083 653 1081 Rtb SPCA: 014 592 3181

Rtb SPCA (A/H): 072 933 7723

WATER

Water Problem Helpline: 014 590 3088

ELECTRICITY

Electricity Helpline: 014 590 3198 Eskom National Line: 086 003 7566

ROAD & TRAFFIC

Bakwena N4 Toll Road: 0800 225 9362 Traffic Control Room (Rustenburg): 014 590 3221

PLATINUM WEEKLY NEWSPAPER: 014 592 5653 / 072 482 6871.